



Moving Matters Year 4/5 Swimming Gala

**NOTE : ALL swimmers must be able to swim 25m comfortably.
Please don't allow weak swimmers to enter events.**

DETAILS

Who: Year 4/5

When: Thursday 8th February 2024

Where: Streatham Leisure Centre

Time: 10AM - 1PM (Slots 10am-11am, 11am-12pm, 12pm-1pm)

Team: Teams will be made up of a of :

Year 4 - 3 Boys

Year 4 - 3 Girls

Year 5 - 3 Boys

Year 5 - 3 Girls

Squad Size: Therefore, a minimum number of team members **MUST** be **12 swimmers**.

RULES

- If Moving Matters, GLL or volunteers are worried by the personal safety of ANY swimmer when they enter the pool and before beginning the race we reserve the right to ask this child to leave the pool and not take part in the race. Should this occur, Rob/ Jenny will speak with the relevant staff member of the child's school.
- Those who do not complete the length may still be allowed to swim, however may be moved lanes/ refused entry to races.

SWIMMER REQUIREMENTS

- Each Student should be suitably equipped for swimming.
- Goggles and Swimming caps are advisable but not mandatory.
- Sufficient drinks **MUST** be brought by each team.
- Toilets and limited changing room space will be available on the day.
- No jewellery allowed.
- Each school will be allocated a changing booth to house their bags and belongings during the race.
- Swimmers will be called up for their races in blocks of 4 (For example - All swimmers competing in Year 5 breaststroke)
- The swimmers who are not racing immediately will be required to sit in the viewing area.

RULES OF COMPETITION

All swimmers can swim a maximum of 1 individual event and 1 relay.

- Leaders and Moving Matters staff will prepare competitors for the next heat or race while a race is in progress.
- No teachers/coaches will be allowed on the bank.
- It is the **teacher's** responsibility to ensure that the appropriate swimmer is ready for his/her race before the race being called.
- All races will be run in accordance with the ASA technical laws.

Scoring & Awards

- All school times across the events will be collated and compared.
- Points will be awarded for the TOP 10 placings;
- 10 for 1st place descending to 1 point for 10th place.
- Those beyond the top 10 times will receive 0 points for those races.
- The school with the highest number of points in total will be deemed the winner. In the event of a tie, the school with the highest number of first placing will be the winner.
- There will be awards for winners and runners up in each event.

RACE SCHEDULE

Backstroke

1. Year 4 Boys
2. Year 4 Girls
3. Year 5 Boys
4. Year 5 Girls

Breaststroke

5. Year 4 Boys
6. Year 4 Girls
7. Year 5 Boys
8. Year 5 Girls

Front crawl

9. Year 4 Boys
10. Year 4 Girls
11. Year 5 Boys
12. Year 5 Girls

Relays

13. Year 4&5 Boys
14. Year 4&5 Girls
15. Year 4 Mixed (2 Girls and 2 Boys)
16. 5 Mixed (2 Girls and 2 Boys)