



Year 3 and 4 Gifted and Talented Athletics Day

General Information

Where?	Tooting Bec Athletics Track
When?	Thursday 20th June 2023
Time?	09:30- 15:00 - <i>First events start at 10AM sharp, we cannot guarantee you will be able to make up any missed events if late!</i>
Who?	Your Gifted and Talented Athletes!
What?	This is an Athletics meet for the best athletes in your school, rather than a participation-focused event.

4 Year 3 Boys

4 Year 3 Girls

4 Year 4 Boys

4 year 4 Girls

What do I need?

Water bottles , appropriate clothing and footwear and a copy of this document for your information.

Scoring.

Each athlete will compete to contribute to their team's overall score, with medals awarded to the top 3 athletes at each station. The scores are totalled up for all the events and the team with the lowest score will be our winner. For example if your school finishes first place in 10 events the score would be 10, 1 x 10. The eventual winner will be announced at a later date and trophy awarded.

Schedule

Every pupil will compete in 1 field event and 1 track event.

The girls will compete in the field events first whilst the boys compete in the track events and then the groups will switch over. Upon arrival, the girls will be directed to their field events so that they are ready to begin at 10AM and the boys directed to the track.

We will have heats and finals for the track events!



PLEASE NOTE THAT ALL TIMES LISTED ON THIS DOCUMENT ARE APPROXIMATE AND MAY DIFFER ON THE DAY OF THE EVENT, ALTHOUGH WE AIM TO STICK TO THEM AS CLOSELY AS WE CAN.

GIRLS FIELD EVENTS SCHEDULE (10AM - 11AM)

Time	Event	Who?
10 - 10.30AM	Field Event 1	Year 3 Girls
10.30 - 11AM	Field Event 2	Year 4 Girls

BOYS TRACK EVENTS SCHEDULE (10.00 - 11.00AM)

Events (IN ORDER)
Marathon (400m) (Final, all runners compete)
300m (Heat 1 followed by Heat 2)
120m (Heat 1 followed by Heat 2)
60m (Heat 1 followed by Heat 2)

Swap - 11.00AM

Time	Event	Who?
11 - 11.30AM	Field Event 1	Year 3 Boys
11.30 - 12PM	Field Event 2	Year 4 Boys

GIRLS TRACK EVENTS SCHEDULE (11AM - 12PM)

Events (IN ORDER)
Marathon (400m) (Final, all runners compete)
300m (Heat 1 followed by Heat 2)
120m (Heat 1 followed by Heat 2)
60m (Heat 1 followed by Heat 2)



Lunch: 12:00-12.30pm

Event
60m - Boys Finals first, followed by the girls.
120m - Boys finals first, followed by the girls.
300m - Boys finals first, followed by the girls.

PLEASE CAN ALL SCHOOLS PREPARE A MIXED RELAY TEAM, MADE UP OF 1 YEAR 3 BOY, 1 YEAR 3 GIRL, 1 YEAR 4 BOY AND 1 YEAR 4 GIRL. WE WILL RUN THE RELAYS AS THE LAST EVENT OF THE DAY, PROVIDED WE ARE ABLE TO COMPLETE ALL OTHER EVENTS BEFOREHAND.

Only staff that are pre authorised to travel with the school will be permitted to enter the Track area. Moving Matters will be taking photos at the event, please let us know in advance if there are children who cannot be photographed. If a school wishes to take photos they can do so but only of their own school.



The tables below are for the use of the PE Lead/staff member coordinating the teams for their schools and are designed documents to help you pick which students will be doing each event.

Please ensure all pupils compete in 1 field event and 1 race.

GIRLS ROSTER	Name of Year 3 Athlete		Name of Year 4 Athlete	
Javelin				
Long jump				
Basketball Chest Push				
Speed Bounce (20 secs)				
60m				
120m				
300m				
Marathon				
Relay				

BOYS ROSTER	Name of Year 3 Athlete		Name of Year 4 Athlete	
Javelin				
Long jump				
Basketball chest push				
Speed Bounce				
100m				
200m				
400m				
Marathon				
Relay				