



Moving Matters Year 4/5 Handball

DETAILS

Who: Year 4 & 5 (Boys and Girls)

When: Thursday 23rd March 2023

Where: Ferndale

Time: 10:00-14:00

Match time: 6 – 8 minute games

Team: 6 a side – Players must be rotated

Squad Size: Maximum of 10 players (5 Boys and 5 Girls, PLEASE BRING THE CORRECT NUMBER OF BOYS AND GIRLS)

Team & Player Requirements

- Teams will be mixed (min of 3 Girls on the court at all times)
- Squads can consist of a maximum of 10 children
- All competitors must be in Year 4 & 5
- Each player should be suitably equipped for this outdoor competition i.e trainers only.
- Water **MUST** be brought by each team.
- No Jewellery
- Toilets and limited changing room space will be available on the day

Event Format

- Each fixture will be timed as 8 minutes straight through, without half time.
- Top 2 will qualify for the knockout stages.

Rules of Play & Organisation

- A match will last for 8 minutes
- Each team consists of 6 players; a goalkeeper and 5 outfield players.
- Outfield players can touch the ball with any part of their body that is above the knee.
- Once a player receives possession, they can pass, hold possession or shoot.
- If a player holds possession, they can dribble or take three steps for up to three seconds without dribbling.
- Only the goalkeeper is allowed to come into contact with the floor of the goal area.
- Goalkeepers are allowed out of the goal area but must not retain possession if they are outside the goal area.