



Gifted and Talented Athletics Day

General Information

Where? Tooting Bec Athletics Track, Tooting Bec Rd, London SW17 8BW

When? 10th June 2019 - We will be running 2 sessions, you will be allocated a session nearer the time.

Session 1 – 9.30am Arrival – 12.00am

Session 2 – 12.00pm Arrival – 2.30pm

Who? Your Gifted and Talented Athletes!

4 Year 5 Boys

4 Year 5 Girls

4 Year 6 Boys

4 year 6 Girls

What do I need?

Water bottles.

Appropriate clothing and footwear.

Bring a copy of this document (including the schedule)

Plan which children will be running in each event before you attend

Schedule

Our field Events will be run as a carousel so that your athletes get a chance to have a go at everything! We will have some amazing leaders to assist, score, measure and instruct on each station. We will do a whole group warm up at the start of the session and then teachers must send their athletes to the correct starting event (Event 1). After the whistle (15 minutes) everyone will be led to their next event (Event 2). For adults, sitting down on the sides is not an option you must coordinate your athletes and move around to watch them showcase their talent!

	Event 1	Event 2	Event 3	Event 4
Shotput	Year 5 Girls	Year 6 Boys	Year 6 Girls	Year 5 Boys
Long Jump	Year 5 Boys	Year 5 Girls	Year 6 Boys	Year 6 Girls
Javelin	Year 6 Girls	Year 5 Boys	Year 5 Girls	Year 6 Boys
Speed Bounce	Year 6 Boys	Year 6 Girls	Year 5 Boys	Year 5 Girls



Our Track events will run once the field events have finished. Each child will need to compete in 1 race and 1 relay event.

Event	
100m	Year 5 Girls (One runner from each school)
	Year 5 Boys (One runner from each school)
	Year 6 Girls (One runner from each school)
	Year 6 Boys (One runner from each school)
200m	Year 5 Girls (One runner from each school)
	Year 5 Boys (One runner from each school)
	Year 6 Girls (One runner from each school)
	Year 6 Boys (One runner from each school)
400m	Year 5 Girls (One runner from each school)
	Year 5 Boys (One runner from each school)
	Year 6 Girls (One runner from each school)
	Year 6 Boys (One runner from each school)
Marathon	Year 5 Girls (One runner from each school)
	Year 5 Boys (One runner from each school)
	Year 6 Girls (One runner from each school)
	Year 6 Boys (One runner from each school)
4 x 100m Relay	Year 5 Girls (Four runners from each school)
	Year 5 Boys (Four runners from each school)
	Year 6 Girls (Four runners from each school)
	Year 6 Boys (Four runners from each school)

Other notes

Only staff that are pre authorised to travel with the school will be permitted to enter the Track area. Moving Matters will be taking photos at the event, please let us know in advance if there are children who cannot be photographed. If a school wishes to take photos they can do so but only of their own school.