



## **Moving Matters Year 4/5 Handball**

### **DETAILS**

**Who:** Year 4 & 5 (Boys and Girls)

**When:** June 3rd 2020

**Where:** Kennington Park

**Time:** 09:30-14:30

**Match time:** 6 – 8 minute games

**Team:** 7 a side – Players must be rotated

**Squad Size:** Maximum of 14 players

### **Team & Player Requirements**

- Teams can be mixed (min of 3 Girls on the court at all times)
- Teams can consist of a maximum of 14 children
- All competitors must be in Year 4 & 5
- Each player should be suitably equipped for this outdoor competition i.e trainers only.
- Water **MUST** be brought by each team.
- No Jewellery
- Toilets and limited changing room space will be available on the day

### **Event Format**

- Each fixture will be timed as 8 minutes straight through, without half time.
- Top 2 will qualify for the knockout stages.

## **Rules of Play & Organisation**

- A match will last for 8 minutes
- Each team consists of 7 players; a goalkeeper and 6 outfield players.
- Outfield players can touch the ball with any part of their body that is above the knee.
- Once a player receives possession, they can pass, hold possession or shoot.
- If a player holds possession, they can dribble or take three steps for up to three seconds without dribbling.
- Only the goalkeeper is allowed to come into contact with the floor of the goal area.
- Goalkeepers are allowed out of the goal area but must not retain possession if they are outside the goal area.